

*Friday July 18th-  
Sunday July 20th, 2008*

# 2008 Volleyball Coaches Clinic and Players Camp

*9am-12p and 1:30-4:30p  
each day*

## 2 Levels of Emphasis

### **Developing**

Individual skills and Drills for Developing Players (Designed for Jr High, Frosh, 12u and 14u Club Coaches )

### **Advanced**

Individual Skills, Drills and Team Offense and Defense Drills for JV, Varsity, 16u and 18u Coaches (Higher level of Drills and Expectations)

#### • **Head Coaches**

- **Micheal Seeman**- PSU Head Women's Volleyball Coach
- **Joe Houck**- Univ of Portland Head Women's Volleyball Coach
- **Brad Saindon**- Head Coach Western Oregon Univ
- **Marty Mozzochi** Former Head Coach at USF, Former PSU and OSU Asst Coach
- **Steve Suttich** Former Univ of Wash Head Coach and UCLA All American

### Coaches Sessions

The Coaches sessions will be watching the drills, asking questions of the Head Coach and if they choose... help run the drills to get the hands on experience. Each drill will be diagramed for Coaches section, you will be able to add your notes to the notebook supplied at registration. This can either be a hands on clinic or a watch and take notes clinic.

The head coach will also be able to take the Coaches to a court and work with the group.

### Players Session

The players will be working on the specific drills that the Head Coach will be teaching. In addition to the Head coach , each court will have 2 Staff coaches that will also be running the drills.

Each Court will have 30 balls and 3 ball carts

Hosted by:  
The Courts in Beaverton  
For More Information  
[www.thecourtsinbeaverton.com/  
2008CoachesClinic.html](http://www.thecourtsinbeaverton.com/2008CoachesClinic.html)



**CEVA**  
COLUMBIA EMPIRE  
VOLLEYBALL  
ASSOCIATION

**Coaches Registration Fees**

**Pre-Registration** Before May 15<sup>th</sup>, 2008  
(Fees paid or school PO)  
\$125 Individual Coach  
\$250 School package (3 Coaches from the same school)

**Registration** May 16<sup>th</sup>-July 17<sup>th</sup>, 2008  
(Fees paid or school PO)  
\$150 Individual Coach  
\$300 School package (3 Coaches from the same school)

**Day of Registration** July 18<sup>th</sup>-20<sup>th</sup>, 2008  
\$175 Individual Coach  
\$350 School package (3 Coaches from the same school)

**Camper and Coach Package**  
\$350 3 Campers and 2 Coaches  
First 30 players only (10 schools or Clubs)

**Camper Registration Fees**

**Pre-Registration** Before May 15<sup>th</sup>, 2008 .....\$75  
**Registration** May 16<sup>th</sup>-July 17<sup>th</sup>, 2008 .....\$100

**Registration Form**

Name \_\_\_\_\_ Coach or Player  
Address \_\_\_\_\_  
City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Cell \_\_\_\_\_  
Email \_\_\_\_\_  
School \_\_\_\_\_  
Level 12u \_\_\_\_\_ 14u \_\_\_\_\_ 16u \_\_\_\_\_  
Elem \_\_\_\_\_ Jr HS \_\_\_\_\_ Frosh \_\_\_\_\_ JV \_\_\_\_\_ Var \_\_\_\_\_  
  
# of Players \_\_\_\_\_ # of Coaches \_\_\_\_\_

Fees enclosed \$ \_\_\_\_\_

**Fill out Form Completely for each Player and Coach**

**Return to:**

**2008 Volleyball Coaches Clinic**  
**The Courts in Beaverton**  
**14523 Sw Millikan Way #110**  
**Beaverton, Or 97005**

**Online Registration at:**  
**www.thecourtsinbeaverton.com/**  
**2008CoachesClinic.html**

**Day#1**

**8:30**  
**9am**  
**9:20-9:30**  
  
**9:30- 10:45**  
  
**10:45-12p**  
  
**12-1:30p**  
  
**1:30-1:45**  
**1:45p-2:15p**  
  
**2:15-3:30p**  
  
**3:30-4:15**  
**4:15-4:30**

**Day #2**

**9am-9:15**  
**9:15-10am**  
**10-10:45**  
**10:45-11:30am**  
**11:30-11:55**  
**11:55-12**  
  
**12-1:30**  
  
**1:30-1:45**  
**1:45-2:30**  
**2:30-3:45**  
  
**3:45-4:25**  
**4:25-4:30**

**Day #3**

**9am-9:30**  
**9:30-10a**  
**10-10:30a**  
**10:30-11:00a**  
**11a-11:30a**  
**11:30-12**  
  
**12-1:30**  
  
**1:30-1:45**  
  
**1:45-2:00**  
**2-2:30**  
**2:30-3:15p**  
**3:15-4:30p**

**Registration and Check in**  
**Introduction of Staff**  
**Rules of Practice and Jobs, Break out to Sessions**  
**Setting instruction, teaching progressions and Drills (2)**  
**Passing instruction, Teaching Progression and Drills (2)**  
  
**Lunch**  
  
**Movement and Warm up activities**  
**Serving Instruction, teaching Progressions and Drills (2)**  
**Hitting Instruction, teaching progressions and Drills (2)**  
**Combination drills 2 and 3 skill drills (3)**  
**Questions and Answers**

**Movement and Warm up activities**  
**Setting Drills (3)**  
**Passing Drills (3)**  
**Passing/Setting Combo drills (3)**  
**Game Concept Drill (2)**  
**Q and A**  
  
**Lunch**  
  
**Q and A , Movement and Warm up activities**  
**Digging and Toss pepper drills (3)**  
**Hitting Progressions, Instruction and Drills (2)**  
**Serving and Game Concept Drills (2)**  
**Review and Q and A**

**Movement and Warm up activities**  
**Setting Drills (2)**  
**Passing Drills (2)**  
**Hitting Drills (2)**  
**Pass, Set, hit Combo drills (2)**  
**Walk/Talk thru Serve Rec Pattern**

**Lunch**  
  
**Q and A , Serve Rec review and walk thru rotations**  
**Movement and Warm up activities**  
**Pass, Set Hit Drills (2)**  
**Talk and walk thru Team Defense**  
**Controlled Scrimmage and Wash drills (2)**